



How to Apply for Food Stamps

1. Department of Transitional Assistance (DTA)

131 Davidson St., Lowell, MA
978-446-2400

Hours: 7:00am - 5:00pm, Monday – Friday

- Walk in. No appointment is necessary.
- If possible, get an application in English or Spanish from www.gettingfoodstamps.org before going to DTA.
- You can also mail your application to DTA. If you go to DTA in person, say you want to see the screener for Food Stamps or you can apply online.
- You may also get your application online at www.mass.gov ([Link to site](#))

2. Lowell Council on Aging *for people 60 or over*

276 Broadway, Lowell, MA
Call Amy Medina at 978-970-4131 or 978-446-7187
8:30 am – 4 pm, Monday – Friday

- Please call to make an appointment.

What Documents will you need to complete your Food Stamp application?

You will need the following documents to complete your application:

- I.D. (identification)
- 4 payroll check stubs
- utility bills
- bank book ***Note: if you are 60 or over you DO NOT need to provide bank information**
- lease or rent receipts
- papers about other income, for example child support papers
- bring social security cards of the people in the family and dates of birth

** Even if you do not have a social security number, but your children were born in the United States, your children may be able to get food stamps.